

Chakra

SOLO

Setup

Take an individual board and 5 *Inspiration* tokens.

• Place 3 crystals of each colour in the *Universe* bag.

• Place 4 black crystals and one "1-point" *Plenitude* token below the *Lotus* board.

• Randomly place the remaining *Plenitude* tokens face down on the 7 *Karma* spaces.



Goal of the game

Just like in the original game, reach the highest level of plenitude by harmonising 5 Chakras (or more).

Gameplay

The rules are identical to the original game, except for meditation:

in addition to looking at a *Plenitude* token and taking back your *Inspiration* tokens, you will have to perform a special action.

Depending on the value of the revealed *Plenitude* token, perform the following action (at the beginning of the game and every time you meditate):

4 Take one of the black crystals from below the *Lotus* board and place it in one of the *Bhagya* Bubbles (you must choose one of the crystals and put it back in the bag if all 3 Bubbles are taken).

3 Remove all the crystals from the *Lotus* board. Take one of the black crystals from below the *Lotus* board and place it on one space of the *Lotus* board. Refill the *Lotus* board.

2 Move a crystal of your choice up or down one Chakra.

1 Take the *Plenitude* token from below the *Lotus* board (1) and place it on your board. You can use it only once in order to channel energy. As always, place the token on the performed action. Next time you meditate, you will discard this token.

End of the game

The game ends when at least 5 chakras have been harmonised.

Final scoring

As in the original game, reveal the remaining *Plenitude* tokens.

You win:

- 1 to 4 points for each harmonised Chakra.
- 1 point for each alleviated energy.

You lose:

- 1 point for each Meditation token you possess.

Plenitude level:

- 20 points : Wise One
- 17-19 points : Disciple
- 14-16 points : Blue Butterfly
- 11-13 points : Chrysalis
- 8-10 points : Small Cocoon
- 8 points : Be Zen!

CUTOUT MEMO

- 4** Take one of the black crystals from below the *Lotus* board and place it in one the *Bhagya* Bubbles (you must choose one of the crystals and put it back in the bag).
- 3** Remove all the crystals from the *Lotus* board. Take on the black crystals from below the *Lotus* board and place it on one space of the *Lotus* board. Refill the *Lotus* board.
- 2** Move a crystal of your choice up or down one Chakra.
- 1** Take the *Plenitude* token from below the *Lotus* board (1) and place it on your board. You can use it only once in order to channel energy. As always, place the token on the performed action. Next time you meditate, you will discard this token.